

CHOOSING YOUR FORMAT

We offer three distinct formats to ensure your intake matches your specific health goals and daily routine.

TAURINE 500 MG CAPSULES

The ideal baseline for daily maintenance. Perfect for those who prefer starting with a lower dosage or who are sensitive to higher intakes.

TAURINE 750 MG CAPSULES

Maximum convenience for busy lifestyles. Designed for those who require a higher daily intake but prefer the ease of a capsule while on the go.

TAURINE 1,000 MG PER DOSE

The ultimate choice for those who demand flexibility. Its neutral taste makes it ideal for blending into shakes, smoothies, or water, allowing for total control over your daily intake.



Make Life Better · newrootsherbal.com

Taurine 500 mg

Each vegetable capsule contains:

Taurine (2-aminoethanesulfonic acid) 500 mg

Other ingredients:

Microcrystalline cellulose and vegetable magnesium stearate in a non-GMO vegetable capsule made with vegetable carbohydrate gum and purified water.

Directions of use:

Adults: Take 3 capsules once or twice daily or as directed by your health-care practitioner.

#0089 · 90 capsules

V0103-R2 · NPN 80021987

Taurine 750 mg

Each vegetable capsule contains:

Taurine (2-aminoethanesulfonic acid) 750 mg

Other ingredients:

Vegetable magnesium stearate in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

Directions of use:

Adults: Take 4 capsules daily or as directed by your health-care practitioner.

#3566 · 120 capsules

V0566-R1 · NPN 80141973

Taurine 1,000 mg per Dose

Each ¼ teaspoon contains:

Taurine (2-aminoethanesulfonic acid) 1,000 mg

Directions of use:

Adults: Take ¼ teaspoon two to three times daily or as directed by your health-care practitioner.

#3575 · 500 g

P0166-R1 · NPN 80144439

- **Manufactured in Canada in a certified cGMP (Current Good Manufacturing Practices) facility.**
- **All ingredients and finished products are tested for quality and safety in an ISO 17025–accredited laboratory.**

To ensure these products are right for you, always read and follow the label.

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Taurine

PURE FLEXIBLE SUPPORT FOR HEART
HEALTH AND MUSCLE FUNCTION



WHAT IS TAURINE?

PURE SUPPORT FOR HEART AND MUSCLE FUNCTION

Taurine (2-aminoethanesulfonic acid) is a naturally occurring amino acid essential for cardiovascular health and muscular function. It is the most abundant free-form amino acid found in the heart, brain, and skeletal muscles.

While the body naturally produces taurine, levels can decline due to age, stress, and intense physical activity, and they can be lower for those following restrictive or plant-based diets.



As a conditionally essential amino acid, the body's demand often increases during periods of heightened metabolic activity or exhaustive exercise. Replenishing levels through supplementation helps to support the essential physiological processes.

THE CONVENIENCE OF CAPSULES



WHO THEY'RE FOR

- Working professionals and frequent travellers
- Individuals seeking consistent, reliable cardiovascular support
- Those who prefer a premeasured dose without the need for mixing
- People who seek to replenish dietary gaps due to their vegan or vegetarian diet

CHOOSING YOUR DOSAGE

- **750 mg (the targeted choice):** Ideal for individuals with active schedules who require consistent, higher-potency cardiovascular support without the hassle of powder measurements.
- **500 mg (the foundation choice):** Best for those new to taurine or individuals who prefer a lighter, consistent intake throughout the day.

THE POWDER ADVANTAGE



WHO IT'S FOR

- Athletes, biohackers, and fitness enthusiasts
- Individuals who dislike swallowing multiple capsules
- Those who prefer mixing their nutrients into pre- or postworkout shakes

WHY CHOOSE POWDER

- **Customizable Dosing:** Adjust your intake from 1,000 mg upward to meet unique daily needs.
- **Rapid Integration:** Neutral taste mixes easily into water, coffee, or protein shakes.
- **Great Value:** With up to 500 doses per 500 g bottle, this powder format is offering long-lasting daily support.