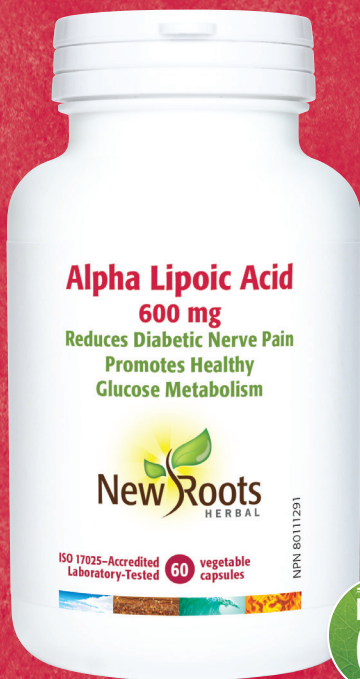




# Alpha Lipoic Acid

**SOOTHE NEUROPATHY,  
SEIZE VITALITY**



**Alpha Lipoic Acid**

**600 mg**

**Reduces Diabetic Nerve Pain**

**Promotes Healthy  
Glucose Metabolism**



ISO 17025-Accredited  
Laboratory-Tested

**60**

vegetable  
capsules

NPN 80111291

**NON  
GMO**

**All New Roots Herbal Products Are Tested  
in an ISO 17025-Accredited Laboratory**

# Alpha Lipoic Acid



## What Is Diabetic Neuropathy?

Diabetic neuropathy is a condition caused by high blood sugar levels damaging the nerves, especially in the feet, legs, hands, and arms. This damage leads to numbness, tingling, burning pain, and weakness.

Over time, it can affect balance and make daily activities difficult. Managing blood sugar and supporting nerve health can help reduce symptoms and improve quality of life.



## What Is alpha-Lipoic Acid?

alpha-Lipoic acid, or ALA, is a natural antioxidant found in small amounts in foods like spinach, broccoli, and red meat. When taken as a supplement, ALA helps protect nerves, improve glucose metabolism, and reduce oxidative stress.

## How Does alpha-Lipoic Acid Help?

- **Reduces Diabetic Nerve Pain**  
ALA helps relieve burning, tingling, and numbness in the hands and feet
- **Promotes Healthy Glucose Metabolism**  
ALA supports better blood sugar regulation to help prevent further nerve damage and contributes to better overall metabolic health
- **Antioxidant Protection**  
ALA shields nerves from oxidative damage, supporting long-term nerve health

## Why alpha-Lipoic Acid over Other Options?

- Natural ingredient that has been clinically studied and proven effective
- Does not have addictive potential, so it has been deemed safe for long-term use



# Alpha Lipoic Acid



## Triple-Action Benefits

- Reduces Diabetic Nerve Pain
- Promotes Healthy Glucose Metabolism
- Antioxidant Protection

## How to Use alpha-Lipoic Acid?

- Can be taken with or without food
- Best results come from consistent, long-term use
- 600 mg was studied for neuropathy relief

Also available  
from New Roots Herbal:

125 mg: #0289

250 mg: #0770



Make Life Better · [newrootsherbal.com](http://newrootsherbal.com)

### Each vegetable capsule contains:

DL- $\alpha$ -Lipoic acid ..... 600 mg

### Other ingredients:

Microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

#2897 · 60 capsules

V0736-R1 · NPN 80111291

### Directions of use:

**Adults:** Take 1 capsule daily or as directed by your health-care practitioner.

Manufactured under strict GMP (Good Manufacturing Practices).

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