

There's a smarter way to manage weight.

Weight gain is directly related to energy expenditure by your body and energy consumption. **Slimmer System** helps you lose weight in two ways: it decreases appetite, thereby decreasing the desire to eat, and it increases your body's metabolism, thereby increasing energy consumption by your body. That means you'll eat less, burn more fat and increase your energy level.

6 CAPSULES OF SLIMMER SYSTEM OFFER 700 MG OF MEDICINAL 75% EGCG, EQUAL TO 61 CUPS WORTH OF GREEN TEA PROTECTION.

Get started with SLIMMER SYSTEM: **Slimmer System** is a well-researched formula that contains the nutrients you need to lose weight. It also contains the recommended daily allowance (RDA) for several vitamins and minerals. Take advantage of **Slimmer System's** comprehensive weight-loss formula for an effective and safe approach to weight loss, when combined with a proper diet and good exercise.

Ingredients

Six NON-GMO vegetable capsules contain:

Garcinia cambogia 50% (HCA)..... 1500 mg
Coleus forskohlii Root 10% p.e..... 300 mg

Lipotropics:

Choline 100 mg
 Inositol..... 100 mg
 Betaine HCl 25 mg
 Chromium Picolinate..... 235 mcg

Thermogenic Herbs:

Ginger 100 mg
 Capsicum..... 100 mg

Green Tea Extract (75% EGCG)..... 700 mg

Supplying:

EGCG (pure)..... 525 mg
 Polyphenols..... 693 mg
 Catechins 630 mg

Spirulina (A green super-food that supplies trace minerals).. 100 mg
Uva ursi (10% p.e.) 150 mg
Gymnema sylvestre (25% p.e.) 150 mg
Hoodia gordonii 20:1 p.e. 100 mg

100% of the RDA of the Following:

Vitamin B3 (Niacinamide)..... 20 mg
 Vitamin B6 (Pyridoxine HCl) 2 mg
 Vitamin B12 (Methylcobalamine) 6 mcg
 Vitamin B2 (Riboflavin) 1.7 mg
 Vitamin E (Tocopherol Acetate) 30 IU
 Iodine..... 150 mcg
 Folic Acid..... 400 mcg
 Selenium 50 mcg
 Vitamin C..... 60 mg
 Vitamin A..... 5000 IU
 Biotin..... 300 mcg
 Potassium 25 mg

p.e. = powder extract

Ingredients in this formula have been validated for potency and identity, and certified free of heavy metals, pesticides and solvent residues using:

- Inductively Coupled Plasma Optical Emission Spectrometer (ICP-OES)
- HPLC with Diode Arrays UV-VIS Detectors / Refractive Index Detectors
- Gas Chromatograph/Mass Spectrometer (GC/MS)
- Near-Infrared Spectroscopy (FT-NIR Spectrometer)
- Headspace Gas Chromatography (organic solvent residues)
- Disintegration Unit, Dissolution Unit

Slimmer System

Sold exclusively to finer health food stores
www.newrootsherbal.com/store

SlimmerSystem

Intelligent weight management and disease prevention

SLIMMER SYSTEM OFFERS A NATURAL WAY TO A HEALTHY BODY.



SLIMMER SYSTEM combines the most effective weight loss nutrients available. These nutrients work synergistically to help curb your appetite, burn fat and increase metabolism, lean muscle and energy. SLIMMER SYSTEM also contains green tea (75% EGCG), which helps protect against breast, mouth, colon, prostate, lung and stomach disease.



The recipe for reaching your perfect weight.

Garcinia cambogia 50% (HCA)

Garcinia cambogia is one of the most beneficial nutrients for regulating body fat metabolism. It works by inhibiting cholesterol and fat synthesis, controlling appetite, and reducing cravings for sweets.

Garcinia cambogia works on both sides of weight loss: it inhibits the formation and build-up of fats, and it also has been shown in studies to suppress appetite—it can actually reduce caloric intake by 10 percent. *Garcinia cambogia* stops the conversion of carbohydrates and proteins into fat. If more calories are consumed than expended, the excess is stored in the liver and muscles, in the form of glycogen. When glycogen stores are filled, the excess calories are converted to fat, and the brain sends out signals indicating hunger.

The hydroxycitric acid (HCA) in *Garcinia cambogia* enhances the ability of the liver and muscles to store glycogen, helps reduce fat production, prevents the brain from sending out signals that indicate hunger, and curbs appetite. This accomplishes three things: more calories are burned as energy, less are turned into stored fat, and less hunger is felt.

Studies have shown that HCA can suppress fat production by 40% to 80% for eight to twelve hours after eating. As a side benefit, HCA may also prevent heart disease by lowering triglyceride levels. When HCA is combined with a thermogenic formula (substances that increase fat burning), capsicum, green tea, and ginger with chromium, an even greater effect may be achieved.

Coleus forskohlii root 10% p.e.

Coleus forskohlii initiates the release of stored fat into the bloodstream to be used for energy. It promotes lean body mass and inhibits the synthesis of fat. *Coleus forskohlii* does this by increasing the levels of the enzyme adenylate cyclase. Adenylate cyclase is the enzyme responsible for converting ATP (the body's main source of energy) into a compound called cyclic adenosine monophosphate (cAMP). cAMP is what's referred to as a "secondary messenger," which is needed to start lipolysis (conversion of fat into energy).

Chromium Picolinate

Studies have shown that chromium can lower body fat, while increasing lean body mass and muscle by improving insulin sensitivity. This is an important goal in a weight-loss program. Loss of insulin sensitivity leads to obesity. Chromium is a trace mineral necessary for the proper action of insulin on blood sugar control. Studies have shown that men taking chromium lost an average of seven times more body fat than those taking a placebo. Chromium also helps with weight loss in other ways: it burns fat and reduces cholesterol and triglycerides. Most North Americans are chromium deficient and, therefore, supplementation with chromium is very important.

Hoodia gordonii 20:1 p.e.

Hoodia gordonii is a plant that tricks the brain by making the stomach feel full. It has been in the diet of South Africa's Bushmen for thousands of years. New Roots Herbal uses the authentic *Hoodia gordonii* sourced from the African Kalahari desert. *Hoodia gordonii* is a natural cactus succulent in the family *Asclepiadaceae*. It grows naturally in Africa, and is classified safe as a dietary supplement and not a medicine. Reported key results of hoodia include a reduced interest in food, delay in the time after eating before hunger sets in again, and feeling full more quickly.

Green Tea Extract (75% EGCG)

Studies suggest that EGCG increases metabolism and helps burn fat. In a French study, resting metabolic rate increased by 4% after 90 mg of EGCG was consumed three times per day. Scientists at the University of Chicago have found that EGCG caused rats to lose up to 21 percent of their body weight. Rats injected with EGCG derived from green tea leaves lost their appetite and consumed up to 60 percent less food after seven days of daily injections.

Epigallocatechin-3-gallate is an antioxidant isolate found in green tea that helps protect the skin from tumor formation and UV radiation-induced damage. EGCG has been shown to dramatically reduce the early stages of breast disease.

Capsicum and Ginger

Ginger and *Capsicum* have thermogenic properties which stimulate weight loss by increasing metabolism, and are especially effective when combined with other weight-loss nutrients. Thermogenics not only increase the body's metabolism to burn more calories, but also curb hunger and appetite. The thermogenics in **Slimmer System** are free from ephedrine and caffeine, and therefore will not cause the "jitters" of caffeine.

Uva ursi 10% p.e.

Uva ursi is a natural diuretic that helps to get rid of excess water. It also neutralizes acidity in the urine, increasing urine flow, therefore reducing bloating and water retention, making it beneficial for weight loss.

Gymnema sylvestre 25% p.e.

Gymnema sylvestre helps to discourage the desire for sweets. It also enhances insulin production and improves blood sugar control.

Choline, Inositol & Betaine HCl

Choline, inositol and betain HCl are lipotropics that help the body to get rid of excess fat, primarily by helping the liver to break down fat and excrete it from the body, a function of the liver that is impaired in many overweight people.

This unique formula also contains the RDA for several vitamins and minerals. **Slimmer System** contains nutrients to help with all of the possible ways to lose weight. Take advantage of **Slimmer System's** comprehensive weight loss formula for an effective, safe and intelligent approach to weight loss.

Suggested Use

As a dietary supplement, take 1 or 2 capsules about 30 minutes before meals, 3 times a day. Take 2 capsules for quickest results. **Slimmer System** works when used as part of a healthy diet and increased physical activity.

Caution

Not to be taken by children, during pregnancy, while nursing, or by those on prescribed medication, unless under the recommendation of a health care practitioner.

References

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