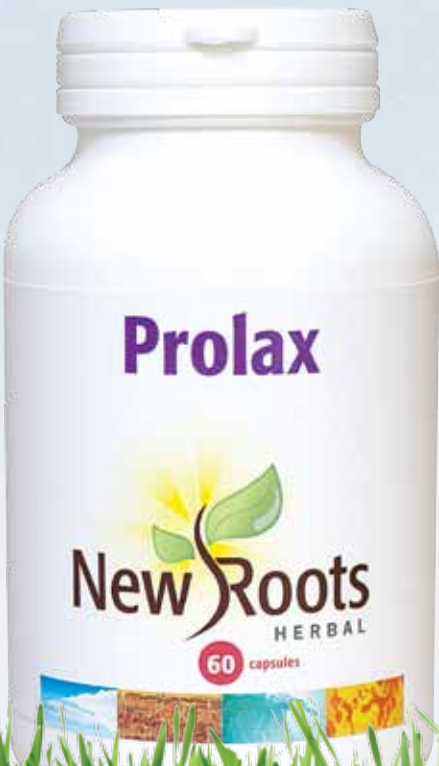


Prolax

Helps relieve simple
constipation

- GENTLE LAXATIVE
- ALL NATURAL
- NO CRAMPING



Prolax is a herbal alternative formulation, which aids in the relief of simple constipation. This blend of mild cathartics (agents which promote intestinal elimination), in combination with improved dietary habits, will help your body regain control of the elimination process.

Constipation may be chronic, acute or a simple diet-induced irregularity. Proper cathartic treatment regimens for both chronic and acute constipation are built around the sensible use of several herbs. The proper treatment of diet-induced constipation is to routinely include prunes, bran, and fibre-containing foods in your diet, and to reduce use of caffeine and alcohol.

Butternut, over the last century, is known as one of the most mild and safest efficacious laxatives available. Butternut root bark is well documented for its cathartic properties. Butternut is good not only as a laxative, but also as a treatment for liver disorders and intestinal sickness, as practiced extensively in homeopathy.

Cascara sagrada or "sacred bark" (*Rhamnus purshiana*): the part of this tree that is used is its bark. This tree is native to the north-west Pacific coast and has been used by many tribes of people indigenous to this region, stretching from British Columbia to California, as a remedy for constipation and upset stomachs. Cascara sagrada is known worldwide as a natural mild laxative that works.

Turkish rhubarb, in small doses, makes an excellent strengthening tonic for the stomach. In large doses, it acts as a laxative. Rhubarb root's purgative action is useful in constipation, but also has an astringent effect following this. It therefore has a truly cleansing action on the gut, removing debris and has antiseptic properties as well.

Licorice, the grandfather of Chinese herbs, is mostly used as a flavouring for candy, cough drops, syrups, tonics and laxatives. Licorice is included in most herb combinations to balance the other herbs and to promote vitality. It is a source of magnesium, silicon and thiamine. Besides being a mild aperient (laxative) itself, it helps to counterbalance the discomforting effects that may result from laxative use. It provides a mild boost to the adrenal system that may be stressed in certain debilitating conditions for which laxatives are often suggested. Most importantly, licorice root protects and heals distressed mucous membranes of the intestinal tract.

Each vegetable capsule contains:

Butternut root bark	160 mg
Cascara sagrada bark	160 mg
Turkish rhubarb root	110 mg
Licorice root	20 mg
Irish moss	20 mg
Cayenne	20 mg
Ginger root	20 mg

In a special 100% natural base of the following homeopathically prepared nutrients: Calc. Fluor. 6x, Ferr. Phos. 3x, Kall. Mur. 3x, Nat. Mur. 6x, Nat. Phos 3x, Nat. Sulph. 3x.

Non-medicinal ingredients: Vegetable magnesium stearate and silicon dioxide, in a NON-GMO vegetable capsule composed of vegetable cellulose and purified water.

Contains no: Artificial preservative, flavour, colour, sugar, milk, starch, wheat, corn, soy or yeast.

Suggested use:

As a dietary supplement, take 3 to 6 capsules at bedtime, or as directed by your health care practitioner.

Note: Do not use in the presence of abdominal pain, nausea, fever, and/or vomiting. Extended use can cause dependence for bowel function.

Keep out of reach of children.

Manufactured under strict GMP (Good Manufacturing Practices)

New Roots Herbal at 1-800-268-9486 or www.newrootsherbal.com