

Omega3/6/9

Source of essential
fatty acids

- HELPS RELIEVE OSTEOARTHRITIS
- VEGETABLE SOURCE OMEGA-6 AND 9
- GOOD SOURCE OF WILD OMEGA-3



New Roots Herbal's Omega3/6/9 lipids are sourced from organic, non-genetically modified flax and borage seeds, along with wild sardine and anchovy oil.

New Roots Herbal's Omega3/6/9 is the only organic non-GMO guaranteed blend available on the market today. It is also the most complete and potent essential fatty acid formula. This formula provides twice the EPA and DHA found in other EPA blends. And Omega3/6/9 is manufactured using special processes that protect these sensitive oils from the heat, light, and oxygen.

The multi sourced EFA's in New Roots Herbal Omega 3/6/9 have an important role as an integral component of all cell membranes. The maintenance of the membranes of brain cells have emerged as one of the most important benefits of EFA's for their positive effects on the cognitive function of children with learning disorders.

EFA's have been clinically indicated to help prevent a variety of other major diseases and medical conditions from cardiovascular disease and hypertension to treating the symptoms related to menopause. A natural adequate intake of essential fatty acids helps keep arteries free of clots and has valued anti-inflammatory effects. Essential fatty acids reduce blood levels of LDL type cholesterol, the type of cholesterol that contributes to plaque formation.

Omega-9 fatty acids also lower total blood cholesterol as well as LDL cholesterol levels. EPA is the precursor to the series-3 prostaglandins (PGE 3) which are critical hormones regulating cell activities. The series-3 prostaglandins, along with the series-1 prostaglandins, protect the body against the deleterious effects of series-2 prostaglandins such as high blood pressure, sticky platelets, inflammation, water retention, and decreased immune function. The series-2 prostaglandins are made from arachidonic acid, which is derived from consumption of excess animal products. DHA is important for the normal functioning of the brain, nerves, adrenal gland, and sperm, as well as for proper vision and hearing.

Organic flax seed oil

Our certified organic flax seed oil is expeller pressed at low temperature without the use of solvents. Flax seed oil is the highest source of omega 3 available with 11 mg of lignans per tablespoon.

Organic borage oil (24% GLA)

New Roots Herbal organic borage oil is expeller pressed at temperatures less than 100 °F. This solvent free process delivers GLA (gamma linoleic acid) rich oil that contains twice the GLA's of most other popular sources.

Each softgel contains:

<i>Borago officinalis</i> 24% GLA (certified organic borage oil)	400 mg
<i>Linum usitatissimum</i> (certified organic flaxseed oil)	400 mg
Fish oil (Wild omega-3 from sardines and anchovies)	400 mg
(Containing 160 mg EPA + 80 mg DHA)	
Vitamin E	4.05 mg AT

Non-medicinal ingredients: In a shell containing gelatin, glycerin and purified water.

Contains no: Preservatives, artificial flavour or colour, sugar, starch, milk, wheat, corn, or yeast.

Source of essential fatty acids for the maintenance of good health. Helps support cognitive health and/or brain function and helps to maintain and support cardiovascular health.

Suggested use:

Adult: Take 2 softgels twice daily or as directed by your health care practitioner.

Storage condition: Refrigerate after opening.

Caution and warning: Consult a health care practitioner prior to use if you are taking blood thinners.

Do not use if seal is broken. Keep out of reach of children.

Manufactured under strict GMP (Good Manufacturing Practices)

New Roots Herbal at 1-800-268-9486 or www.newrootsherbal.com