



Ingredients

Burdock root powder, sheep sorrel herb powder, slippery elm bark powder, and Turkey rhubarb root powder. 100% organic or wild-crafted.

Directions to Prepare:

1. Take 1.5 oz or 12 heaping teaspoons of **FREEDOM "C" ESSENCE** and add to 88 oz (2.5 litres) of distilled or spring water, in a covered pot. Use only stainless steel or glassware.
2. Boil vigorously for 10 minutes, stir occasionally.
3. Turn off heat, but leave sitting on hot plate for 8 hours. Stir occasionally. Keep covered.
4. Bring to a boil again, then simmer for 5 minutes and let stand for a few more minutes. Stir occasionally. Keep covered.
5. Strain through a fine strainer into hot sterilized glass bottles and sit to cool.

Must be refrigerated. Do not microwave or freeze.



FREEDOM "C"

Sold exclusively to finer health food stores
www.newrootsherbal.com/store

Freedom "C"

Give your immune system a boost

**FREEDOM "C" CONTAINS
4 HERBS FROM AN OLD OJIBWAY
BLOOD-CLEANSING FORMULA.**



FREEDOM "C" strengthens the immune and builds the body's natural defense system to improve health. It also acts to increase energy, eliminate heavy metals and detoxify the body. All of these have the effect of strengthening your body to better fight diseases.

Therapeutic Effects of FREEDOM "C".

- Gives energy and a sense of well-being
- Reduces pain and enhances appetite
- Improves the body's ability to use oxygen
- Increases the oxygen level in the tissue cells
- Increases the absorption of fluids in tissues
- Increases resistance of cells against free radicals
- Slows the growth of benign tumors
- Cleans the respiratory system as well as the blood
- Protects artery walls, kidney, liver and heart from excessive fatty deposits
- Helps the spleen and pancreas function better
- Strengthens ligaments, bones, lungs, joints and membranes
- Reduces cholesterol
- Reduces inflammation and stiffness in tissues and joints
- Helps reduce the danger of stones in the gall bladder, urinary tract and kidney
- Enhances the formation of red blood cells
- Stimulates the brain and nervous system while also preventing toxins from entering the brain
- Eliminates parasites contained in our bodies
- Strengthens the immune system and heals wounds

FREEDOM "C" heals the body. It's made of four different organic or wild-crafted herbs and contains no additives or preservatives. The botanicals used in this product have not been treated with herbicides, pesticides, or radiation.

FREEDOM "C" HELPS THE BODY DURING PERIODS OF HEALING FROM TRAUMATIZING PHYSICAL CONDITIONS.

FREEDOM "C" ESSENCE has four powerful ingredients from an old Ojibway healing formula:

Burdock Root Powder

Burdock is a strong hormone-balancing herb and delivers a calming effect to the nervous system. It purifies the blood and cleans the lymphatic, respiratory, urinary and circulatory systems. Burdock roots contain vitamins A, B complex, C, E, P, zinc, calcium, selenium, manganese, copper, potassium, magnesium, iron, chromium, cobalt, insulin, mucilage, starches and phosphorus.

Sheep Sorrel

Sheep sorrel is at the heart of FREEDOM "C". This healing herb contains high amounts of vitamin A, B complex, C, D, E, K, P, and U as well as minerals such as iron, calcium, magnesium, zinc, copper, sulfur, iodine, manganese and

sodium. Sheep sorrel is also rich in chlorophyll, carotenoids, and citric, malic, tannic, oxalic and tartaric acids.

The chlorophyll contained in the sheep sorrel cleans the liver, while enhancing the growth of new tissue. It increases oxygen levels in the tissue cells, helps in removing deposits attached to blood vessel walls, and better the functioning of the lungs, intestines and the vascular system. Chlorophyll also reduces burns caused by radiation.

Slippery Elm Bark Powder

Slippery elm's main purpose is to strengthen, revitalize and cleanse the body. It is good to treat ulcers, colitis, coughs, gastritis, wounds, burns, cuts, and to ease diarrhea. Slippery elm contains garlic acid, mucilage, phenols, vitamins A, B complex, C, K, P, starches, magnesium, calcium, sodium, phosphorous, iron, zinc and silicon.

Turkey Rhubarb Root Powder

Turkey rhubarb discharges toxic wastes and acts as a mild laxative. It contains vitamins A, B complex, C, P, copper, magnesium, potassium, zinc, sodium, iron, sulfur, calcium, iodine, manganese and phosphorus.

Suggested Use

As a dietary supplement, drink 1 oz. (29 ml) of tea concentrate (shake gently before use) mixed with 2 oz. (58 ml) of boiling water. Drink at room temperature.

Take on an empty stomach at bedtime, at least 2 hours after eating.

Warning

Consult a health care practitioner prior to use if you have diabetes or if you are breast-feeding.

