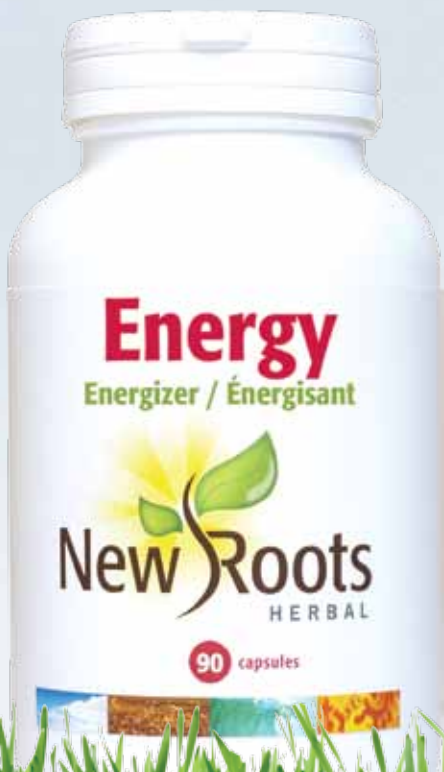


# Energy

Energy for  
the busy day

- INCREASES RESISTANCE TO STRESS
- STRENGTHENS THE IMMUNE SYSTEM
- PROVIDES NUTRIENTS FOR YOUR BUSY LIFE



**New** Roots Herbal' Energy formula is a well balanced combination of nutrients designed to promote energy and increase stamina.

### What does New Roots Energy contain?

Royal jelly (6%–10 HDA) is a highly nutritive substance that is said to increase vigor and youthfulness. It has a powerful stimulating effect on the adrenal glands, helping to increase stamina and energy levels.

Bee pollen (Multi flora) has long been valued for its ability to increase energy and stamina. It is a favorite among athletes, who report an improvement in athletic ability with bee pollen use.

Astragalus (16% polysaccharides) is one of the most valued herbs in the East. It is especially wonderful for increasing energy, stamina and building up the body's resistance. It is a tonifying herb that helps to balance the body's systems.

Red *Panax ginseng* (20% ginsenosides) is known as the king of all energy tonics. It stimulates the whole body, helping to overcome stress, fatigue and weakness.

Licorice root (10% extract) is well known for its ability to help with stress and energy. It contains substances similar to the body's adrenal cortical hormones, making it ideal for those suffering with adrenal insufficiency and exhaustion.

Siberian ginseng (0.8% eleutherosides) extract is one of the best energy tonics. Studies have shown that it can dramatically increase endurance, allowing those who use it to work longer, harder and to recover from exhaustion faster.

In herbal medicine throughout the world today, *suma* (*Pfaffia paniculata*) is considered an adaptogen. In European herbal medicine, *suma* is used to restore nerve and glandular functions, to balance the endocrine system and to strengthen the immune system. For infertility, it is used for menopausal and menstrual symptoms, to minimize the side-effect of birth control medications, for high cholesterol, to neutralize toxins and as a general restorative tonic after illness. In North and South American herbal medicine, *suma* root is used as an adaptogenic and regenerative tonic regulating many systems of the body, as an immunostimulant, and is used to treat exhaustion resulting from Epstein-Barr disease and Chronic Fatigue Syndrome. Other uses include high blood pressure, PMS, menopause and hormonal disorders and many types of stress.

### Each vegetable capsule contains:

Royal jelly (6%–10 HDA) .....	300 mg
Bee pollen (multi flora) .....	250 mg
Astragalus root (16% polysaccharides) .....	.20 mg
Ginseng (Panax red) (20% ginsenosides) .....	.10 mg
Siberian ginseng extract (0.8 % eleutherosides) .....	.100 mg
Suma ( <i>Pfaffia paniculata</i> ) .....	.35 mg
Licorice root (10% extract) .....	.25 mg

Non-medicinal ingredients: Vegetable magnesium stearate and silicon dioxide, in a NON-GMO vegetable capsule composed of vegetable cellulose and purified water.

Contains no: Preservative, artificial flavour or colour, sugar, milk, starch, wheat, corn, soy or yeast.

### Suggested use:

As a dietary supplement, take 1 to 2 capsules daily before breakfast or lunch or as directed by your health care practitioner.

**Do not take during pregnancy.**

**Keep out of reach of children.**

**Manufactured under strict GMP (Good Manufacturing Practices)**  
**New Roots Herbal at 1-800-268-9486 or [www.newrootsherbal.com](http://www.newrootsherbal.com)**