

Antioxidant for the maintenance of good health

- HELPS TO MAINTAIN AND SUPPORT
CARDIOVASCULAR HEALTH



Coenzyme Q₁₀, also called ubiquinone, is a vitamin-like substance that occurs naturally in the body. Even though it is synthesized within the body, the synthesis is sometimes impaired due to the diet, a genetic defect, age or an increase in tissue needs. This may cause a deficiency of the coenzyme to appear.

Coenzyme Q₁₀ is the only coenzyme that is found in human tissues. It is an essential component of the mitochondrial respiratory chain, where aerobic energy is produced. The mitochondria is part of the cells. The human body is formed of millions of cells; everyone of them performs different vital functions. To perform properly, the cells need energy and coenzyme Q₁₀ is the provider of this energy that cells need to work properly. This is why coenzyme Q₁₀ is an essential nutrient for all the tissues and organs in our body, especially the ones that support higher volumes of work as the liver, heart and muscle tissues.

Coenzyme Q₁₀ is considered to be a very powerful antioxidant and plays a very important role in the immune system and the aging process. It is essential every time the body makes physical efforts. Individuals with cardiovascular diseases (including hypertension, angina, congestive and heart failure) often have a deficiency of coenzyme Q₁₀ and require an increased level in their tissue.

Studies with patients suffering from stable angina pectoris, show that supplying them with 150 mg a day of coenzyme Q₁₀ for four weeks reduced the frequency of angina attacks by 53%. The daily dosage recommended is between 30 mg to 150 mg a day.

Coenzyme Q₁₀ should be considered in all heart disorders including angina, deterioration of the immune system related to age, and as an excellent antioxidant.

Each vegetable capsule contains:

Coenzyme Q₁₀ (Ubiquinone-10 from Japan) (Bacterial fermentation)100 mg

Non-medicinal ingredients: Vegetable Magnesium stearate and microcrystalline cellulose. In a NON-GMO vegetable capsule composed of hydroxypropyl methylcellulose and purified water.

Suggested use:

Adults: Take 1 capsule 1 to 3 times daily, or as directed by your health care practitioner. An antioxidant for the maintenance of good health. Helps to maintain and support cardiovascular health.

Caution: Consult a health care practitioner prior to use if you are pregnant or breast feeding. Consult a health care practitioner prior to use if you are taking blood pressure medication. Consult a health care practitioner prior to use if you are taking blood thinners.

Do not use if seal is broken. Keep out of reach of children.

*Manufactured under strict GMP (Good Manufacturing Practices)
New Roots Herbal at 1-800-268-9486 or www.newrootsherbal.com*