

# Carpal Tunnel

Non-surgical carpal  
tunnel relief

- LET THE PROTEOLYTIC POWER OF ENZYMES FREE YOU OF CARPAL TUNNEL PAIN



**Carpal** tunnel syndrome is an occupational hazard that affects people in all lines of work. Numbness and pain in the thumb, index and forefinger are common symptoms.

Carpal Tunnel is formulated to address inflammatory response within the median nerve and tendons, and to support the bones, ligaments, and cartilage that form the carpal tunnel.

**Carpal Tunnel contains:**

**Serratiopeptidase:** Serratiopeptidase is the proteolytic enzyme that enables the silkworm to break through its cocoon; this same enzyme is a potent anti-inflammatory popular in Europe.

**Magnesium Citrate:** Magnesium is critical for the assimilation of calcium within the skeleton, yet 50% of North American are magnesium deficient.

**Bromelain:** Bromelain acts by blocking metabolites responsible for the inflammatory response.

**Alpha-lipoic acid:** ALA works as a cofactor in the conversion of glucose to energy at the cellular level. It is also water- and fat-soluble, which makes it excellent for the central nervous system.

**Curcumin:** Curcumin (from turmeric) has been used in Ayurvedic medicine for several millennia for its anti-inflammatory properties.

**Vitamins B1, B2, B3, and B6:** These water-soluble vitamins enhance nervous system function and are essential for cell growth and division.

**Kelp:** Kelp is rich in vitamins, minerals and iodine. It is reported to have a positive effect on the sensory nerves.

**Dulse:** Dulse (*Palmaria palmata*) is an excellent source of iodine and of a wide array of vitamins, minerals and salts. The variety nutrients in this ocean treasure supports many metabolic functions.

**Organic Alfalfa:** The B vitamins in alfalfa support the nervous system. Alfalfa contains the minerals calcium, iron, magnesium and potassium, which collectively optimize metabolic function.

**Manganese Citrate:** Manganese improves central nervous system function and facilitates bodily absorption of the B vitamins.

**Vitamin B12:** B12 in the form of methylcobalamin is involved in the metabolism of all cells in the human body.

**Each vegetable capsule contains:**

Alpha Lipoic Acid	100 mg
Bromelain 2400 GDU	75 mg
Curcumin 95%	75 mg
Boswellic acid 70%	50 mg
Magnesium Citrate	40 mg
Quercetin dihydrate 98%	25 mg
Serratiopeptidase	47,250 a.u.
Vitamin B6 (Pyridoxal 5-Phosphate)	12.5 mg
Kelp	10 mg
Vitamin B1 (Thiamine HCl)	10 mg
Vitamin B2 (Riboflavin 5-Phosphate)	10 mg
Vitamin B3 (Inositol Hexanicotinate flush-free)	10 mg
Alfalfa Organic	5 mg
Dulse	5 mg
Manganese Citrate	1 mg
Vitamin B12 (Methylcobalamin)	150 mcg

**Suggested use:**

Take 1 or 2 capsules daily or as directed by your health care practitioner.

Keep out of reach of children.

*Manufactured under strict GMP (Good Manufacturing Practices)  
New Roots Herbal at 1-800-268-9486 or [www.newrootsherbal.com](http://www.newrootsherbal.com)*